Eucharistic Ministers

Prepare Your Heart

- Arrive at least 15 mins before Mass begins
- Let someone know if you need a replacement
- Pray daily
- Participate in the Eucharist

GUIDELINES FOR EUCHARISTIC MINISTERS



Assist in Distributing Holy Communion

- Approach the altar with a bow of reverence at the "Lamb of God"
- Sanitize your hands.
- Receive Holy Communion from the Priest
- Distribute Holy Communion to the faithful
- Say "The Body of Christ" to each person

Reverence at Mass



- Dress modestly & appropriately
- Handle sacred vessels with care
- Distribute Communion calmly and prayerfully.
- Maintain a peaceful, welcoming presence
- Remember: Reverence is more than a gesture. It is an attitude of the heart.

Common Questions



- **What if I drop a host?**
  - Pick it up reverently & place it in the ciborium until the end of Mass.
- **Am I allowed to give a blessing?**
  - For parishioners with crossed arms, say "God Bless You." Do **not** make a sign with your hands like the priest does.

A Simple Prayer

Lord Jesus, thank you for calling me to this ministry. Help me to serve with reverence, humility, and love. May my life lead others closer to you. Amen.

Qualities of a Eucharistic Minister

- Faithful & Prayerful
- Humble & Willing to Serve
- Responsible & Trustworthy
- Respectful during Mass
- Loving & Compassionate Toward Others

Sacred Vessels

All Eucharistic Ministers serving at a given Mass are responsible to make sure all sacred vessels are brought to the sacristy after Mass.

Servants of God

Called to Serve. Sent to Love.